The invention relates to recreational activities of a person or to sports events in the open air, in particular to a hydration bottle, and can be used as a portable device for body hydration either with water or energy fluids.

The hydration bottle comprises a body (1), inside which are mounted walls (2), convex inward towards the bottle axis, with the formation of central holes (3). In the body (1) is installed an assembly, formed of a central tube (4), on which are rigidly fixed stops (5), corresponding in number to the holes (3). The assembly is installed in the lid (6) of the bottle by means of the upper end of the tube (4) with the possibility of its lengthwise displacement. At the upper end of the tube (4) is made a protrusion in the form of a blocking ring (7), which is in contact with a plug (9) with a sealing surface (10), placed eccentrically relative to the axis, and between the ring (7) and the bottom of the lid (6) is placed a spring (8).

Claims: 1 Fig.: 2

